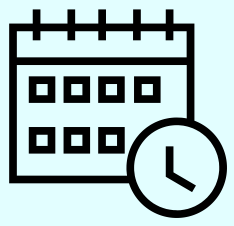


WELLBEING SESSION



Join us for a relaxing session focussed on community activities and self wellbeing



Tuesday 25th November 2025
12:30 pm - 2:30pm



**Hollinswood Community
Centre, 7 Downemead,
Hollinswood, Telford TF3 2EW**

Wellbeing agencies will be present to offer support, resources, and guidance to help you on your wellbeing journey. We will also take an hour to unwind in a relaxed environment.



If you would like to join please sign up using this [eventbrite link](#).